



california  
chicken cafe®

## GLUTEN FREE ORDERING TIPS

GLUTEN FREE CHOICES	DO NOT ORDER- CONTAINS GLUTEN	IMPORTANT ORDERING TIPS
<p><b>Hot Rotisserie Chicken</b></p> <p><b>BBQ Chicken Drumsticks</b> <i>(on our catering menu)</i></p> <p><b>Salads ordered <i>without</i> Chinese noodles and/or croutons</b></p> <p><b>Salads ordered <i>without</i> cold chicken and prepared with a hot chicken breast instead</b></p> <p><b>Hot Potatoes</b></p> <p><b>Fresh Fruit Salad</b></p> <p><b>Fresh Squash</b></p> <p><b>Mashed Potatoes</b></p> <p><b>All Dressings</b></p> <p><b>BBQ Sauce</b></p> <p><b>Ketchup</b></p> <p><b>Green and Red Salsa</b></p>	<p><b>All salads with Chinese noodles and croutons</b> <i>(order without)</i></p> <p><b>All wrap sandwiches</b> <i>(because of pita bread)</i></p> <p><b>Cold Chicken</b> <i>(used in wraps and salads)</i></p> <p><b>Broccoli Pasta</b></p> <p><b>Chicken Pasta</b></p> <p><b>Chinese Cabbage Salad</b> <i>(soy sauce in the dressing)</i></p> <p><b>Gravy</b></p> <p><b>Rice Primavera</b> <i>(vegetable base contains wheat)</i></p> <p><b>Soup</b> <i>(vegetable base contains wheat)</i></p> <p><b>Chinese Noodles</b></p> <p><b>Croutons</b></p> <p><b>Pita Bread</b></p>	<p><b>SALADS:</b></p> <p>1) Ask for a <b>“Fresh Measuring Container”</b></p> <p>2) If you order chicken in a salad, request <b>“Hot Chicken”</b></p> <p>3) Request <b>“No Croutons”</b></p> <p>4) Request <b>“No Noodles”</b></p> <p><b>HOT ROTISSERIE CHICKEN:</b></p> <p>When ordering, request <b>“NO PITA in the takeout container or next to the chicken, I am allergic”</b> <i>(Pita is usually placed underneath chicken)</i></p> <p><b>BEFORE YOU LEAVE:</b></p> <p><b>Please check your order to assure it was made to your satisfaction.</b></p> <p>Please see our Food Allergy Policy on our website under <b>FAQs.</b></p>

We appreciate your patience in helping us to prepare your food to your satisfaction. Please feel free to ask for the manager for assistance in placing and/or making your order.

**A** very special thanks to Celiac Disease Foundation for visiting our restaurant and educating us on the needs of gluten sensitive individuals. Their review of our menu, recipes, ingredients, and preparation techniques has allowed us to compile this guide. For more information on Celiac Disease, please visit their web site: [www.celiac.org](http://www.celiac.org).